



8 Day Menu Plan for Patient A

DAY 7

Breakfast:

Hash browns
Grilled pancetta

Lunch:

Baked potato with homemade baked beans in tomato sauce
Coleslaw with scallion & lime vinaigrette

Dinner:

Grilled lamb cutlets
Maple polenta
Mushy minted peas
Coconut jelly

Snacks:

Dark chocolate coated strawberries (dark chocolate sourced from nut-free factory)
Rosemary chicken skewers

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